



Competitive Edge Karate

3500 Mayland Court
 Richmond, VA 23233
 804-346-4235



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<u>9:00 – 9:45</u> CHILD WHITE YELLOW
<u>5:00 – 5:45</u> CHILD GREEN-PURPLE BLUE	<u>5:00 – 5:45</u> CHILD WHITE YELLOW	<u>5:00 – 5:45</u> CHILD GREEN-PURPLE BLUE	<u>5:00 – 5:45</u> CHILD WHITE YELLOW		<u>10:00 – 10:45</u> CHILD GREEN-PURPLE BLUE
<u>6:00 – 6:45</u> CHILD WHITE YELLOW	<u>6:00 – 6:45</u> CHILD GREEN-PURPLE BLUE	<u>6:00 – 6:45</u> BLACK BELT CLUB	<u>6:00 – 6:45</u> 2 ND BLACK BELT TRAINING		<u>11:00 - 11:30</u> BLACK BELT CLUB
<u>7:00 – 7:45</u> CHILD RED BROWN		<u>7:00 – 7:45</u> CHILD RED BROWN			<u>11:30 -12:00</u> CHILD RED BROWN BLACK
<u>7:45 – 8:45</u> ADULT KICKBOXING	<u>7:00– 7:45</u> ADULT KICKBOXING	<u>7:45 – 8:45</u> ADULT KICKBOXING	<u>7:00 – 7:45</u> ADULT KICKBOXING		

CEK reserves the right to change the class schedule at any time.
 Adequate notice will be provided.
Students must be 13 yrs. old to attend Adult Classes.